



St. Joseph's  
Healthcare & Hamilton  
FOUNDATION

**APRIL 26, 2026**

# **PARIS TO ANCASTER BICYCLE RACE**



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## **Winter is Here: Here's a Tip to Stay Ready to Ride**

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Look at all that snow! After the holidays, many riders are dusting off their bikes and getting back in the saddle—whether that means easing into indoor training, enjoying crisp winter rides, or simply rebuilding a routine after some well-earned rest.

This time of year is all about consistency over intensity: short, steady rides, light strength work, and mobility can make a big difference in how strong you feel come spring. One simple tip to stay riding-ready is to keep your bike fit and flexible—regularly stretching hips, hamstrings, and lower back, and doing a quick bike check even if you're riding less often. A little maintenance now goes a long way toward a smoother, stronger start to the spring cycling season.



**[Click Here to Register for P2A 2026!](#)**

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**RegattaSport Returns as Official  
Merchandising Partner for the 2026 Paris  
to Ancaster Bike Race**

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PARIS TO ANCASTER

**CYCLING JERSEY**  
AXUS073B/AXWS073B



RegattaSport is proud to return as the Official Merchandising Partner for the 2026 Paris to Ancaster Bike Race. A Canadian-owned and operated company, RegattaSport will once again deliver high-quality, event-branded apparel designed and produced in Canada, supporting local manufacturing while meeting the performance demands of endurance athletes.

Participants can expect premium performance garments that prioritize comfort, durability, and fit, built to withstand both race-day conditions and everyday wear. The 2026 Paris to Ancaster merchandise collection will feature premium technical apparel and lifestyle pieces, designed for athletes, supporters, and the broader P2A community.

The collection will be available both onsite during race weekend and online through the RegattaSport website, ensuring easy access to official Paris to Ancaster merchandise before and after the event. RegattaSport will also have a strong presence at the Paris to Ancaster Expo, offering participants and fans the opportunity to explore the full merchandise lineup in person.

In partnership with Paris to Ancaster, RegattaSport is excited to offer exclusive VIP gifts designed especially for participants to help make the 2026 race weekend even more memorable.

With deep roots in Canadian sport and a commitment to quality craftsmanship, RegattaSport is excited to continue its partnership with Paris to Ancaster and support one of Canada's most iconic cycling events in 2026

## **[View Full Collection](#)**

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# **P2A is Excited to Welcome back the Biking Lawyer as a Sponsor for the 2026 Race**

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Ontario's cycling law leaders with offices in Hamilton and Toronto. The Biking Lawyer LLP helps injured cyclists and support efforts to demand safe streets - with an unflinching dedication to the safety and well being of the cycling community.

They are passionate about the safety and well-being of cyclists. If you have been involved in a bike crash, The Biking Lawyer LLP are Ontario's biking legal experts. Their passion is fighting for cyclists against motorists and big insurance companies. They have successfully litigated claims for cyclists who have suffered every variety of biking injury.

If you have been in a bicycle crash do not take chances with poor advice and uneducated opinions. Contact their team. They will advise you on the process and ensure that you are legally protected.

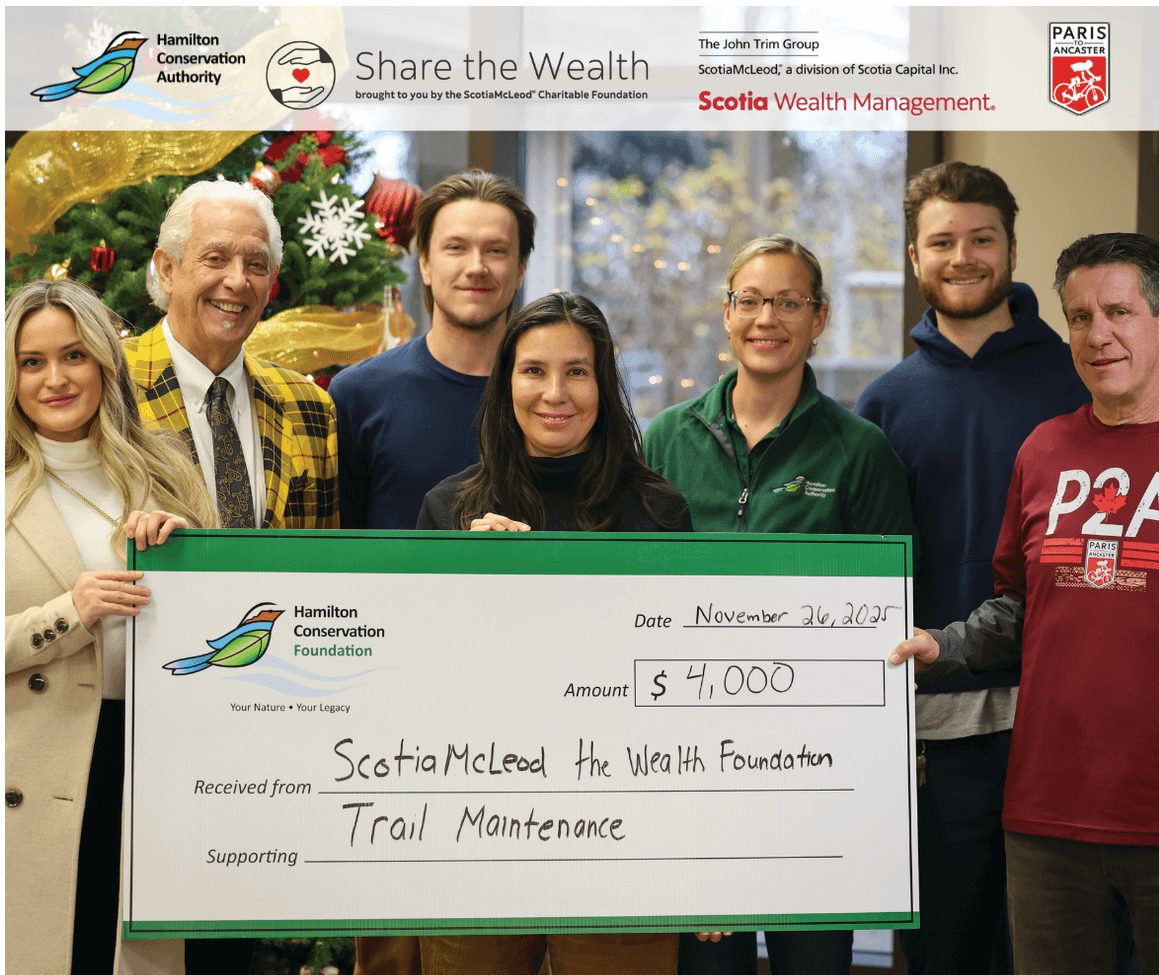


**Check Out Their Website**

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## **P2A Foundation: Share the Wealth with the John Trim Group**

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The P2A Foundation is proud to share that a \$4,000 donation has been made to the Hamilton Conservation Authority, supporting the ongoing stewardship and preservation of the natural lands that make our community — and our event — so special. Portions of the Paris to Ancaster race course pass through Hamilton Conservation lands, and this contribution helps protect and maintain the trails and green spaces that riders experience on race day. This donation reflects our commitment to giving back beyond the bike and supporting the environments that help define the P2A experience. We're proud to support the Hamilton Conservation Authority and their vital work in conserving these important natural spaces for generations to come.

**The John Trim Group**

## 24 Hours of Summer Solstice from Chico Racing

**One of Canada's most popular MTB events** returns June 27–28 as the **24 Hours of Summer Solstice** transforms Albion Hills Conservation Park into a true **mountain bike town for the weekend**. With major trail and course improvements, Solo to Ten Person Teams, two nights of camping, bands, expo and the expanded Friday Night Pre-Solstice Bash, there's still time to assemble your crew and take part in 28 years of Eastern Canada MTB tradition. Need

a spring tune-up?

Try the **Epic 8 Hour at Mansfield, May 9.**

Don't wait! The event is already 65% sold out!



[Click Here for Race Details!](#)

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**#P2AThrowback**



P2A 2017

### Your Ride Can Fuel Health Research that Saves Lives

Riders in Paris to Ancaster are encouraged to consider raising funds for our official charity partner, St. Joseph's Healthcare Foundation. You can make a donation at the time of registration or share your fundraising page via social, text or email and ask your family and friends to support your ride with a fully tax-receiptable donation. Every gift helps to fund groundbreaking health research at St. Joseph's Healthcare Hamilton. Wondering why it matters? Well, let's start with the fact that [St. Joe's Researchers are Reducing Prostate Cancer Recurrence Rates](#). Read more about research at St. Joe's in our email updates on P2A or follow us on social!



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